

# ANNUAL REPORT

## 2022-23



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## Foreword

**Dear Friends,**

I am pleased to present to you Abhivyakti Foundation's Annual Report 2022-23. It gives me great satisfaction to report on the organization's achievements and progress in the past year. At Abhivyakti Foundation, our mission is to empower communities, particularly the marginalized and vulnerable, through innovative solutions that address their social and economic challenges. Over the years, we have worked tirelessly towards this goal, and our efforts have yielded significant results.

The Annual Report provides a detailed account of our work in various areas, including healthcare, livelihoods, and community development. It highlights the impact of our interventions and our efforts to create sustainable solutions that can be replicated and scaled up in other contexts.

I would like to take this opportunity to express my gratitude to our partners, donors, and stakeholders who have supported us in our endeavors. Their trust and support have been instrumental in helping us achieve our goals and create a positive impact in the communities we serve.

I would also like to acknowledge the hard work and dedication of our staff, volunteers, and partners who have contributed to our success. Their commitment to our mission has been unwavering, and I am grateful for their support.

As we look towards the future, we remain committed to our mission and to creating positive change in the communities we serve. We are excited about the opportunities that lie ahead, and we look forward to working with our partners and stakeholders to achieve our shared goals.

Thank you for your continued support and for joining us on this journey towards a brighter future.

**Shailendra Kumar Singh**  
**General Secretary**  
**Abhivyakti Foundation**

## **Introduction**

Abhivyakti Foundation is a non-governmental organization that has been working towards the upliftment of underprivileged women, children, adolescents, and other members of society in both rural and urban areas across different states in India. The organization aims to enhance the capacity and empowerment of community people on various issues, such as education, health, agriculture, livelihood, environment, skill development, and climate change.

The organization's commitment to community sustainability reflects its endeavors at various levels. Abhivyakti Foundation has been extensively working towards enhancing the socio-economic status of the downtrodden in different states, making them self-sustainable in terms of their socio-economic growth and development through different community-level programs.

Since its inception in 2001, Abhivyakti Foundation has laid a strong foundation, with special focus on women's empowerment, skill development, and health issues like HIV/AIDS and COVID-19.

Abhivyakti Foundation has taken up several initiatives, including community mobilization and livelihood enhancement programs, which involve the formation and strengthening of Self-Help Groups (SHGs), Joint Liability Groups (JLGs), Micro Enterprise Development Programs (MEDP), Livelihood Enterprise Development Programs (LEDP) trainings, and production units supported by NABARD. Through these programs, the organization aims to create sustainable solutions that can be replicated and scaled up in other contexts, thereby making a positive impact on the communities it serves.

## **Our Vision**

A happy, healthy in a society that is built on respect for dignity, justice and equity for all. Establish participatory, Gender Justice, Self-Reliance and Community Participation.

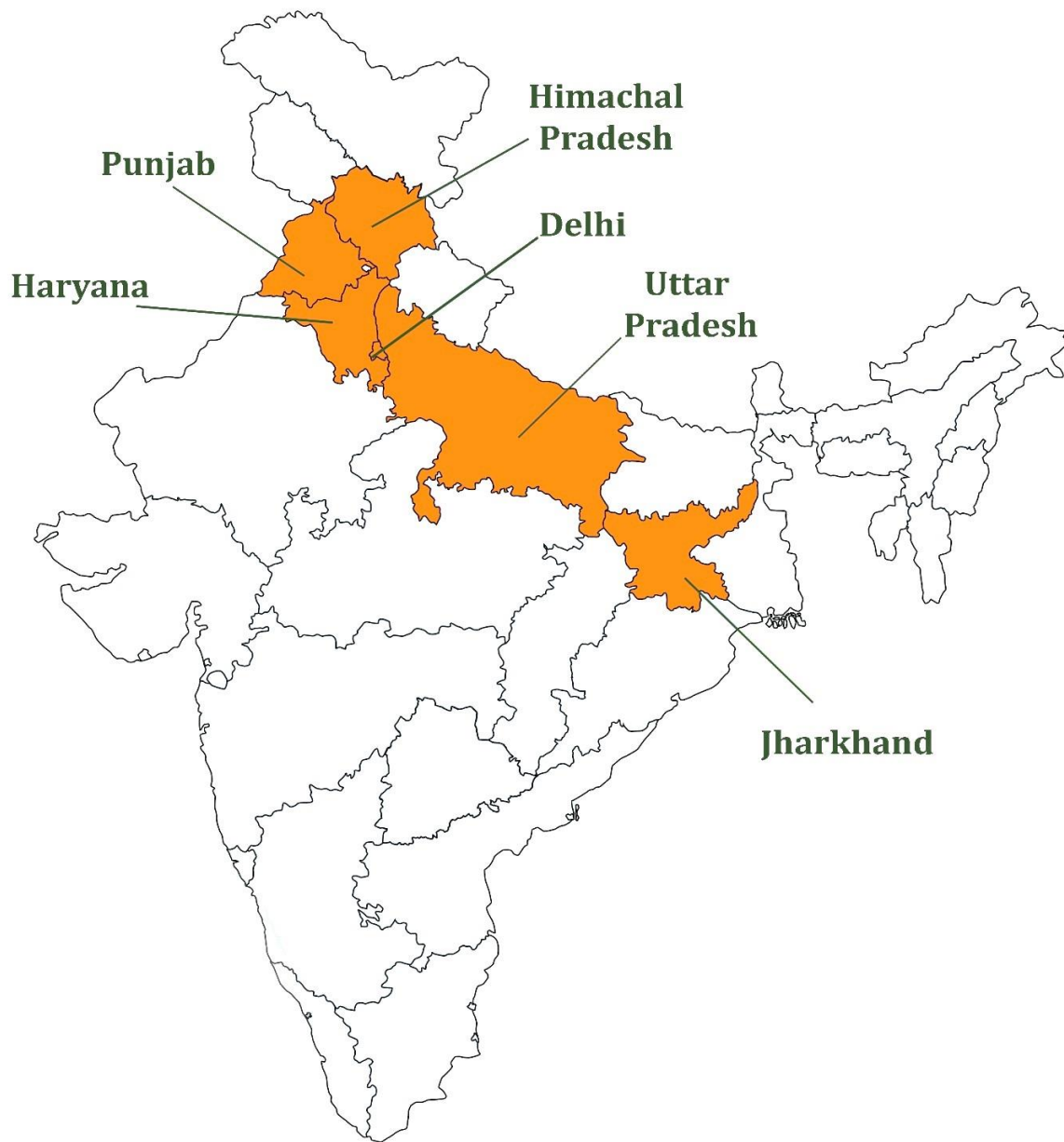
## **Our Mission**

Abhivyakti Foundation aims to organize women and weaker sections of society for social change through participatory approach. Abhivyakti Foundation is committed to educational development, Poverty Elimination, Ecological Balance, growth of self-reliance among people and empowerment of rural and urban community.

## **Ideology**

Abhivyakti Foundation is guided and directed by different ideological values. They have been the control mechanisms for operating various programmes and activities of the organization. Our organization believes equity, transparency, participation & Self sustainable development. These values have been followed not only at the level planning and executing the programmes and activities but also at level of recruiting and selecting the organizations' team members.

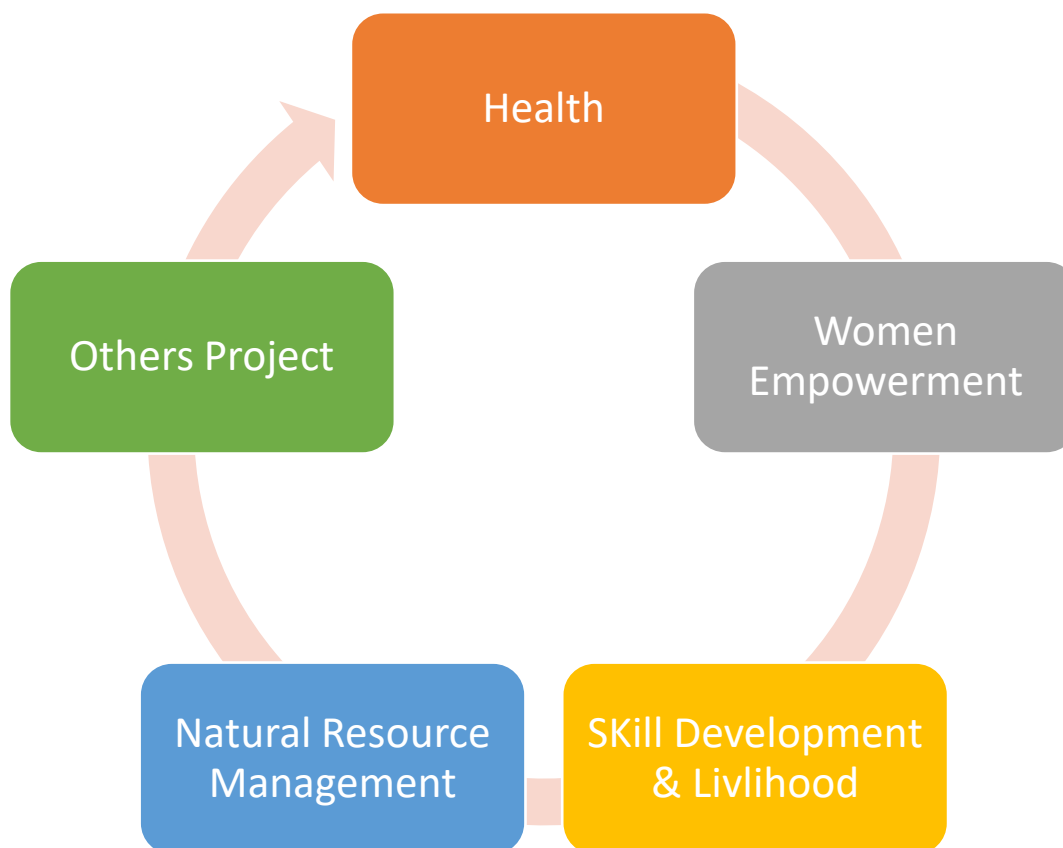
## Our Presence 2022-23



### **Overview of organization coverage**

<b>Operation Project</b>	<b>35</b>
<b>States</b>	<b>6</b>
<b>Districts</b>	<b>30+</b>
<b>Blocks</b>	<b>100+</b>
<b>No. of Direct Beneficiaries</b>	<b>10000+</b>
<b>No. of In-Direct Beneficiaries</b>	<b>250000+</b>

## Our Work



### AREA WISE NO. OF PROJECTS IMPLEMENTED BY ORGANIZATION DURING 2022-23

Area	No. of Projects
Health	8
Women Empowerment	3
Skill Development & Livelihood	19
Natural Resource Management	2
Other Projects	3

## **Health Projects**

### **Targeted Intervention Projects**

Abhivyakti Foundation, in collaboration with the Delhi State AIDS Control Society, Punjab State AIDS Control Society, Uttar Pradesh State AIDS Control Society, and Haryana State AIDS Control Society, has been running targeted intervention (TI) projects for MSMs, injecting drug users, and transgender individuals.

Our TI projects have been designed to provide tailored interventions to these key populations, addressing their unique needs and challenges in accessing healthcare and other services. Through these projects, we have been able to provide HIV testing and counseling, access to condoms and other prevention tools, support for accessing healthcare and other resources, and stigma reduction initiatives.

We are pleased to report that our efforts have resulted in a significant increase in the number of individuals accessing HIV testing and counseling services, as well as an increase in condom use among these populations. We have also seen improvements in linkage to care and treatment outcomes for individuals living with HIV.

We are grateful for the support of our partners at the state-level AIDS control societies, who have helped to ensure the success of our projects. We remain committed to continuing our TI projects and expanding our reach to even more individuals in need.

#### **KEY ACHIEVEMENTS DURING 2022-23**

<b>Indicators</b>	<b>Achievement</b>
Total Beneficiaries	3670
No. of STI cases treated	46
Syphilis Screening	6241
General Medical Checkups	11354
No of PLHIV linked with ART	40
No of abscess cases treated	131
TB Screening	11488
Health Camps	19
DGA Meetings	264
Community Events	8

## **OST (Opioid Substitution Therapy)**

OST (Opioid Substitution Therapy) is an evidence-based intervention that has been shown to be effective in reducing drug use, HIV risk behavior, overdose deaths, and criminal activity among people who use opioids. It is also associated with improvements in social functioning and quality of life. By running OST centre in Amritsar district of Punjab, we are providing much-needed support and resources to individuals who may be facing significant challenges and barriers in accessing healthcare and other services.

<b>Indicators</b>	<b>Achievement</b>
Total Clients Registered on OST	184
Very Regular	128
Regular	12
Irregular	4
Dropout	39
Treatment Completed	1

### **Case Study**

The case of Darshan (Name Changed), an injecting drug user who came in contact with Abhivyakti Foundation, is a powerful example of the impact that targeted interventions can have on the lives of individuals in need.

After being tested for HIV, Darshan learned that he was living with the virus and understandably went through a difficult period of depression. However, with the support of the counselors and outreach workers at Abhivyakti Foundation, Darshan was able to find hope and motivation to move forward.

The team at Abhivyakti Foundation guided Darshan towards an OST (Opioid Substitution Therapy) program, which has been shown to be effective in reducing drug use and associated harms among people who use opioids. Darshan was able to register himself in the program and start living a drug-free life.

Through the support of the Abhivyakti Foundation team, Darshan was able to improve his social and family life, and regain control over his health and well-being. This is a testament to the importance of targeted interventions and the critical role that organizations like Abhivyakti Foundation play in improving the lives of individuals in need.

The success of Darshan's case is also a reminder that there is hope for individuals living with HIV and other health challenges. With the right support and resources, individuals can overcome significant barriers and live healthy and fulfilling lives.

## Link Worker Scheme

The Link Worker Scheme proposed under the National AIDS Control Programme (NACP), phase-IV, is an important initiative that aims to reach populations with high-risk behaviors, including high-risk groups and bridge populations. The scheme recognizes the need to identify and reach out to vulnerable populations in rural areas who may not have access to essential health services and information.

Abhivyakti Foundation is implementing the Link Worker Scheme in district Tarn Taran of Punjab, covering 100 of the most vulnerable villages. By doing so, organization is providing critical support and resources to individuals and communities who may be facing significant barriers to accessing healthcare and other services.

Indicators	Achievement
Total Villages Covered	100
Total Beneficiaries	5002
HIV Testing	2749
No of PLHIV linked with ART	249
Health Camps	16
Village Level Meetings	38



## Care & Support Centre

Abhivyakti Foundation is implementing 3 Care & Support Centers (CSCs) in Jalandhar, Tarn Taran, and Bathinda districts of Punjab. The fact that more than 50% of staff members are from the PLHIV community is a testament to the Foundation's commitment to empowering and uplifting communities affected by HIV/AIDS. Under the project Abhivyakti Foundation has adopted the differentiated care model to support the ART programme and ensure better retention of PLHIV in care and viral suppression. The differentiated care model is a client-centered approach to HIV care that aims to simplify and adapt HIV services to meet the unique needs and preferences of different groups of PLHIV. By optimizing the functioning of the health system and tailoring care to the individual needs of PLHIV, the differentiated care model can help to improve outcomes along the HIV care cascade. Adopting the differentiated care model is an important step towards achieving the goal of the ART programme to ensure better retention of PLHIV in care and their viral suppression.

Indicators	Achievement
Total districts covered	10
Total PLHIV Registered	19164
Total Mis cases brought back on treatment	7722
Total LFU cases brought back on treatment	1670
Total family member tested for HIV	359
Total PLHIV clients linked with social protection schemes	1457

## Case Study

Rani (Name Changed) is a 33-year-old woman living in Tellian da Warrach village, Block Valtoha, District Tarn Taran. She is HIV positive and receives her medicine from the ART Centre in Tarn Taran. Rani contracted the disease from her late husband, who passed away some time ago, leaving her with three daughters to care for. One of Rani's daughters is also HIV positive and is 5 years old. After the death of her husband, Rani struggled to continue taking her medicine due to financial difficulties. However, CSC staff members visited her home and encouraged her to resume treatment. They also provided Rani with ration supplies and delivered her medicine during the lockdown.

The CSC also helped Rani apply for a pension for herself and her two daughters. As a result of this assistance, Rani and her daughter are now consistently taking their medication and getting regular check-ups. Rani is grateful to the CSC staff for their support and assistance, which has made her family's livelihood a little easier.

## Women Empowerment

### Self Help Group Project

Our project on Self Help Group formation and linkages with Bank has continued to make progress and provide benefits to rural communities under the guidance of the National Bank for Agriculture and Rural Development. Through this project, we have successfully formed 671 Self Help Groups in the states of Haryana, Punjab, and Himachal Pradesh. These groups have provided access to credit, knowledge-sharing, and skills development opportunities for rural communities, empowering them to collectively address social and economic issues.

The SHGs have also been linked with banks, allowing them to access financial services such as savings accounts, loans, and insurance products. This has provided greater financial inclusion for these communities, helping them to improve their economic conditions and standard of living.

We have seen many success stories of individual members and groups, with improvements in their income, savings, and overall economic conditions. The credit disbursed to these SHGs has helped them to start and expand their businesses, create new employment opportunities, and improve their livelihoods.



## **Mahila Panchayats**

The Mahila Panchayats project is one of the initiatives undertaken by the Abhivyakti Foundation to empower women in the community. The project involves training women leaders in legal issues and laws relevant to crimes against women. The women leaders are also given training in counselling, filing of FIR, pursuing with police station, and how to proceed for legal recourse.

The Mahila Panchayats offer crisis intervention and legal aid at the community level, helping to tackle local level legal disputes and assist in reducing and reconciling violence against women. These Mahila Panchayats are an innovative collective approach for women in the community to access support and resolve disputes at a grassroots level.

During the project period, a total of 660 cases were registered and 200 cases were solved, excluding 130 referred cases. As of 31<sup>st</sup> March 2022, a total of 330 cases are under process.

Abhivyakti Foundation is committed to continuing this project and expanding it to reach more communities in need. The project has already had a significant impact on women's empowerment, and we believe that it will continue to make a positive difference in the lives of women in the community.

## **Crisis Intervention Centre**

Abhivyakti Foundation's collaboration with Delhi Commission for Women and Delhi Police aims to provide comprehensive support to victims of rape, domestic violence, and torture. The Crisis Intervention Centre (CIC) in North West and outer Delhi district of Delhi serves as a crucial support structure for the police department's CICs. The partnership between Abhivyakti Foundation and Delhi Police aims to ensure transparency in professional investigations, registration of FIRs, and medical examinations.

The primary objective of the collaboration is to reduce the trauma suffered by victims and to provide counselling help to them, their families, and the immediate attached community. Additionally, Abhivyakti Foundation aims to provide medical help, particularly for the treatment of the victim. In some cases, the treatment required can be expensive, and financial support is necessary. The Foundation provides financial assistance to victims and their families for the duration of the investigation.

The rehabilitation of the victim is also a significant focus of the collaboration. Abhivyakti Foundation works with the victim and their families to help them cope with the aftermath of the traumatic experience and to assist in their rehabilitation. The Foundation provides various forms of support, including legal, medical, and financial assistance, to ensure that victims receive the help they need to recover and rebuild their lives.

## **Skill Development & Livelihood Programmes**

### **Micro Entrepreneurship Development Programme**

MEDPs are on-location skill development training programmes which attempt to bridge the skill deficits or facilitates optimization of production activities already pursued by the SHG members. During the financial year Abhivyakti Foundation with financial support from National Bank for Agriculture and Rural Development Regional office Punjab, Uttar Pradesh & Haryana organized 10 Micro Entrepreneurship Development Programmes.

The programs are tailored to the specific needs of each group, and the training is provided on-site, making it more accessible and convenient for participants. The training covers a range of topics, including business planning, marketing strategies, financial management, and product development.

The MEDPs aim to empower SHG members by providing them with the skills and knowledge necessary to start or expand their businesses successfully. By bridging skill gaps and optimizing production activities, these programs help SHG members increase their income and improve their overall economic status.

#### **Detail of MEDP Trainings conducted during FY 2022-2023**

<b>State</b>	<b>State</b>	<b>Activity</b>	<b>Beneficiaries</b>
Punjab	Moga	Designer Kurtis and Plazos	30
Punjab	Jalandhar	Fabric Upgradation	30
Uttar Pradesh	Gautam Budh Nagar	Jute Bag	30
Uttar Pradesh	Gautam Budh Nagar	Terracotta	30
Uttar Pradesh	Ghaziabad	Screen Printing	30
Uttar Pradesh	Gautam Budh Nagar	Applique Work	30
Uttar Pradesh	Moradabad	Jute Bag	30
Uttar Pradesh	Moradabad	Artificial Jewelry	30
Haryana	Mewat	Terracotta	30
Haryana	Palwal	Crochet	30

## **Livelihood and Enterprise Development Programme**

The Livelihood and Enterprise Development Programme (LEDP) aimed at creating sustainable livelihoods among Self-Help Group (SHG) members. The program is designed to provide intensive training in skill-building, refresher training, backward-forward linkages, handholding, and escort supports. It also encompasses the complete value chain and offers an end-to-end solution to SHG members. The LEDP goes beyond just providing skill upgradation trainings and offers a comprehensive approach to livelihood promotion. The provision for intensive training, refresher training, backward-forward linkages, and handholding & escort supports.

State	State	Activity	Beneficiaries
Punjab	Jalandhar	Kurta Pajama	90
Himachal Pradesh	Hamirpur	Jackets	90
Uttar Pradesh	Gautam Budh Nagar	Readymade Garments	90
Uttar Pradesh	Ghaziabad	Handmade sheet making	90
Haryana	Palwal	Terracotta	90
Uttar Pradesh	Gautam Budh Nagar	Glass Work	90



## Off Farm Producer Organization (OFPO)

During the current financial year, the Abhivyakti Foundation is working on implementing the Off Farm Producer Organization (OFPO) project in the state of Haryana, with support from NABARD. The project focuses on creating an incubator for women-led social enterprises at the grassroots level, with the aim of empowering women as individuals and having a holistic impact on each household. This company produces artisan products, including Sujani & Jaipuri Rajai, which showcase India's own precious heritage.

Through the OFPO project, the Abhivyakti Foundation and NABARD are working to create sustainable livelihoods for women at the grassroots level. By establishing producer organizations, women can come together to produce and market their products, giving them access to wider markets and increasing their incomes. This project is a great example of how supporting women-led enterprises can have a positive impact on households and communities as a whole.



## Production Units

During the current financial year 2022-23, the organization has expanded its work in different regions of India to create livelihood opportunities for the assisted poor families. In Haryana, the organization is working on promoting jute products, while in Punjab, they are focusing on jacket and kurta pajama production. In Jharkhand, the organization is working on promoting shirt production.

The main objective of these production centers is to bring the assisted poor families above the poverty line. By providing them with livelihood opportunities, these families can generate sustainable incomes, which can help them improve their standard of living and bring them out of poverty. The organization's work in different regions of India showcases its commitment to creating livelihood opportunities for the poor and marginalized communities. The focus on promoting traditional and local products also helps in preserving the local culture and heritage while generating income for the communities. Overall, the expansion of the organization's work in different regions is a positive step towards poverty alleviation and inclusive development in India.

## Rural Marts & Rural Haat

Abhivyakti Foundation is implementing Rural Haats and Rural Marts to support rural artisans in utilizing their expertise as a source of livelihood while also helping them to enhance their income. The main objective of these haats and marts is to enable the artisans not only to sell their products in marketing events but to market their products and benefit directly from the market feedback for better value realization.

By providing a platform for rural artisans to showcase their products, the Rural Haats and Rural Marts help in promoting their products and generating income for the artisans. The market feedback received from these events can also help the artisans to improve their products and make them more marketable.

S. No	Project & Location	Source of Funding
1	Rural Mart, Palwal	NABARD, Haryana RO
2	Rural Mart Moga	NABARD, Punjab RO
3	Rural Mart Jalandhar	NABARD, Punjab RO
4	Rural Haat Palwal	NABARD, Haryana RO

## Natural Resource Management

### IWMS through Watershed approach

Abhivyakti Foundation with the financial support of National Bank for Agriculture and Rural Development, Punjab RO is implemented integrated water management scheme in district Moga of Punjab. The objective of integrated water management scheme is to consolidate the works already undertaken in the villages during the Water Conservation Campaign implemented during May-July 2017 last year and implement time bound concrete action plan to promote solid water conservation/ actions/ management activities through convergence with Govt./Corporate sector schemes, credit-linked area development schemes to accelerate the flow of bank credit for adaptations of water-efficient technologies and ensuring peoples' participation in the identified villages through watershed approach.

### Repair, Renovation to existing ponds with Sewage water treatment:

This is the most appreciated, needed and important activity. The ponds proposed for renovation are silted, broken and unable to impound the surface flows during rainy season. Water gets contaminated due to disposal of sewage water in to these ponds. People use this water at the time of Kharif sowing for irrigation and these ponds are very useful in irrigating about 50 to 100 ha. lands at the critical stage of water scarcity. After renovation of these ponds people have decided to collect some water charges and maintain them in futures.



## Project Sanjeevani

Abhivyakti Foundation, in association with Jhajjar Power Limited, is implementing Project Sanjeevani in selected villages of Jhajjar district in Haryana. The project aims to address the issues of water scarcity, groundwater depletion, flooding, and stagnation in the area through a range of activities. These include a baseline survey to better understand the water management issues facing the selected villages, as well as dewatering, desilting, and renovation of ponds to improve water availability and quality. The project also includes construction of an inlet chamber for water treatment, plantation activities to improve soil health and reduce erosion, and capacity building for villagers on management of pond water. Through these activities, the Sanjeevani project is promoting more sustainable water management practices and community empowerment in the Jhajjar district.



## Child-Line Project (1098) Palwal Haryana

The Child-Line project supported by Child Line foundation started in Feb 2015 with the objective to create a supportive environment to protect the children from violence and atrocity both physical and mental. The Child Line Palwal team (CLP) member organizes different activities and programme to spread awareness about the help line No. 1098 children in schools and community to identify cases related to child protection and their 25 rehabilitations. The helping undertakes the cases of children between the age of 0-18.



## Joint Liability Groups

Abhivyakti Foundation in collaboration with National Bank for Agriculture and Rural Development Punjab & Himachal Pradesh Regional office and State Bank of India Zonal Head office Chandigarh is implementing JLGs projects in district Jalandhar, Moga, Tarn Taran and Hamirpur districts of Punjab & Himachal Pradesh. JLGs are essentially credit groups of small/marginal/tenant farmers/asset-less poor who do not have proper title of their farmland. These informal groups of four to 10 members are engaged in similar economic activities and are willing to jointly undertake to repay the loans taken by them from the Banks.

District	State	No. of JLGs formed
Jalandhar	Punjab	100
Tarn Taran	Punjab	30
Ludhiana	Punjab	50
Moga	Punjab	60
Hamirpur	Himachal Pradesh	10
<b>Total</b>		<b>250</b>

## Digital Unify- STMicroelectronics Foundation

Abhivyati Foundation is implementing Information and Computer Basics (ICB) course in UP, Delhi, Punjab & Jharkhand state under Digital Unify initiative of STMicroelectronics Foundation and cover basics understanding of computer and internet tools and their usage and responsibility of user of Information and Communication Technology. Project aims at spreading the benefits of digital technology, by providing free of cost both the technology as well as basics informatics training courses to those who have no knowledge of how to use a personal computer and access the internet. Its key beneficiaries are disadvantaged people from the minimum age of 14 years old.

During 2022-2023 organization trained 383 students under this programme. State wise data is as follow:

Location	No. of Batches Organized	Students Trained
Ghaziabad, UP	26	291
Burari, Delhi	17	162
Moga, Punjab	12	122
Mahijam, Jhamtara	10	162

## State wise status of Human Resource

State	Full-time	Part time	Total Staff	Male	Female	TG
Delhi	13	0	13	0	13	0
Haryana	14	6	20	14	6	0
Punjab	76	16	92	63	29	0
Himachal Pradesh	0	3	3	0	3	0
Jharkhand	4	0	4	0	4	0
Uttar Pradesh	10	8	18	4	6	8
Total	117	33	150	81	61	8